



# POCUS - Advanced 05.06.2023

(Pre-Congress Workshop - Swiss Congress for Emergency Medicine – Forum Fribourg)

<b>course language:</b> English			
08:30-08:45 08:45-09:00	<b>registration welcome</b>		
09:00-09:30	<b>theory</b>	<b>abdominal</b> <ul style="list-style-type: none"> <li>cholecystolithiasis, cholecystitis</li> <li>bile ducts/common bile duct</li> <li>intestinal: appendicitis, bowel obstruction, pneumoperitoneum</li> <li>aorta und triple A</li> <li>IVC</li> <li>hydronephrosis, bladder</li> <li>ascites</li> </ul>	NN
09:30- 10:30	<b>practice</b>	<b>abdominal</b>	all
10:30-10:45	<b>break</b>		
10:45-11:00	<b>theory</b>	<b>lung/chest</b> <ul style="list-style-type: none"> <li>normal findings (lung sliding, lung pulse, ...)</li> <li>effusion, consolidation, pneumothorax, BLUE-protocol, rib-fracture)</li> </ul>	NN
11:00-12:00	<b>practice</b>	<b>lung/chest</b>	
11:30–12:00	<b>theory</b>	<b>focused cardiac ultrasound (FOCUS)</b> <ul style="list-style-type: none"> <li>anatomy and standard views</li> <li>dimensions, LV-EF, pericardial effusion, right heart strain, IVC, ascending aorta</li> </ul>	NN
12:00-13:00	<b>lunch</b>		
13:00-14:00	<b>practice</b>	<b>FOCUS</b>	all
14:00-14:10	<b>theory</b>	<b>DVT</b> <ul style="list-style-type: none"> <li>two-point-compression ultrasound</li> </ul>	NN
14:10-14:20	<b>theory</b>	<b>ultrasound-guided procedures</b> <ul style="list-style-type: none"> <li>cannulation of peripheral vessels</li> <li>ascites, pleura, abscess</li> </ul>	NN
14:20-15:20	<b>practice</b>	<b>DVT, procedures</b>	
15:20-15:35	<b>break</b>		
15:35-15:50	<b>theory</b>	<b>specific protocols (optional)</b> <ul style="list-style-type: none"> <li>eFAST</li> <li>shock/peri-arrest: RUSH-protocol</li> <li>fluid management: VExUS protocol, VTI</li> <li>MSK – joint effusion, foreign body, abscess</li> </ul>	NN
15:50-17:00	<b>practice</b>	<ul style="list-style-type: none"> <li>syndromic approach &amp; protocols (eFAST, RUSH, ...)</li> <li>scenarios</li> <li>MSK (joint effusion, ...)</li> <li>procedures (ff.)</li> <li>optic nerve</li> </ul>	all
17:15-17:30		<b>quiz</b>	all
17:30-17:45	<b>evaluation/ closure</b>	questions, suggestions, course evaluation	all

<b>registration:</b> secretariat SGNOR www.sgnor.ch sekretariat@sgnor.ch  <b>course venue:</b> Forum Fribourg	<b>course lead:</b> Dr. med. Doris Eis (DE) Dr. med. Fabian Napieralski (FN) <b>tutors (SGUM certified):</b> under inquiry  <b>credits:</b> SGNOR: 8 SGUM: pending
---	---